



Covid-19 related absences: a guide for students/families/staff

What to do if...	Action needed	Return to College when...
<p>1. you have Covid-19 symptoms:</p> <ul style="list-style-type: none"> • HIGH TEMPERATURE – this means you feel hot to touch on chest or back. • A NEW CONTINUOUS COUGH – this means coughing a lot for more than an hour or 3 or more coughing episodes in 24hrs. • A LOSS OR CHANGE TO YOUR SENSE OF SMELL OR TASTE – this means you've noticed you cannot smell or taste anything. 	<p>DO NOT COME TO COLLEGE Contact College to inform us. Self-isolate the WHOLE household while getting yourself and other symptomatic people tested.</p> <p>Get a test.</p> <p>INFORM COLLEGE OF THE TEST RESULT</p>	<p>The test comes back negative and you feel well enough to do so even with a persistent cough as this can last for some time</p> <p>If you can't get a test then remain isolated for 10 days from the start of your symptoms.</p> <p>You can return with a cough after a negative test as this can last for some time.</p>
<p>2. You test positive for Covid-19.</p>	<p>DO NOT COME TO COLLEGE Contact College to inform us via the usual absence line.</p> <p>Quarantine the household for 14 days yourself for a minimum of 10 days.</p>	<p>10 days have passed and you do not have any persistent symptoms other than a cough or loss of sense of smell or taste</p>
<p>3. You test negative.</p>	<p>CONTACT THE COLLEGE Discuss when you can come back to College (same day/next day).</p>	<p>The test comes back negative and you feel well enough to return.</p>
<p>4. You are ill with symptoms not linked to Covid-19.</p>	<p>FOLLOW USUAL ABSENCE POLICY PROCEDURE</p>	<p>You feel well again.</p>
<p>5. Someone in your household has Covid-19 symptoms.</p>	<p>DO NOT COME TO COLLEGE Contact College.</p> <p>The person in your household who has symptoms gets a test.</p> <p>Self-isolate the whole household until the person with symptoms tests negative or until 14 days have passed from the onset of symptoms, if you develop symptoms within the 14 days follow advice given above for action point 1.</p>	<p>When person with symptoms gets a negative test.</p> <p>Or</p> <p>Until 14 days have passed from the onset of the persons symptoms assuming you have not developed any symptoms yourself.</p>
<p>6. Someone in your household tests positive for Covid-19.</p>	<p>DO NOT COME TO COLLEGE Contact College.</p> <p>Self-isolate the whole household for 14 days. If you develop symptoms within the 14 days follow advice given above for action point 1.</p>	<p>You have completed 14 days isolation at home and you have not developed any symptoms yourself.</p>

<p>7. NHS Test & Trace tells you that you have been in close contact with someone with a confirmed case of Covid-19.</p>	<p>DO NOT COME TO COLLEGE Contact College.</p> <p>Follow the advice provided by NHS Test and Trace. Self-isolate for 14 days. If you develop symptoms within the 14 days follow advice given above for action point 1.</p>	<p>You have completed 14 days isolation at home and you have not developed any symptoms yourself.</p>
<p>8. You have travelled and have to self-isolate as part of a period of quarantine.</p>	<p>Please do not travel if quarantine requirements will mean missing College.</p> <p>Isolate for 14 days from return date.</p>	<p>The quarantine period of 14 days has been completed and you have not developed any symptoms yourself.</p>
<p>9. You have received medical advice that you must resume Shielding.</p>	<p>DO NOT COME TO COLLEGE Contact College.</p> <p>Shield until you are informed that restrictions are lifted and Shielding is paused again.</p> <p>Liaise with College about working/studying from home.</p>	<p>You are informed that shielding advice has been lifted and you can return to College.</p>
<p>10. Your curriculum bubble group is closed due to a confirmed case of Covid-19 in College.</p>	<p>DO NOT COME TO COLLEGE The College will support you at home with remote learning for 14 days.</p> <p>Family members do not need to isolate.</p>	<p>College will inform you when the group will be reopened. You can return if you have not developed symptoms yourself. If you have, please follow the advice given for action point 1.</p>

For further information and guidance, please use the NHS advice in these weblinks:

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/what-your-test-result-means/>